

CERTIFICATE OF PARTICIPATION

This is to certify that

Monnette Fourie

Has successfully participated & completed the

Solo Steer Cowhouse Cross Duathlon 2018 #5

held at Cowhouse Market.

TIME 01:31:07

PACE 06:03/km

OVERALL 10 of 15

GENDER 4 of 7

50 - 59 1 of 2

12 August 2018, Sun

Date



BoutTime

Signature

